

STRENGTHEN YOUR MIND AND BODY

Build **character**, develop **self-control** and enjoy a family-friendly **healthy activity** in a structured class environment.



ELIGIBILITY

Classes are available to **Chickasaw citizens**, **Chickasaw Nation employees** and their **families**. Enrollment is open year-round.



CHICKASAW NATION MARTIAL ARTS PROGRAM

(580) 272-5504 | MartialArts@Chickasaw.net
Chickasaw.net/MartialArts



BILL ANOATUBBY, GOVERNOR



CHICKASAW NATION MARTIAL ARTS PROGRAM

AGE GROUPS

LITTLE WARRIORS I

AGES 3-4

LITTLE WARRIORS II

AGES 5-6

FAMILY CLASS

AGES 7 AND UP



DEMO TEAM

Classes blend **judo**, **jujitsu** and **karate** disciplines and incorporate Chickasaw language. Members perform at Chickasaw Nation and community events to showcase the martial arts program.

CLASS AND LOCATION SCHEDULE

MONDAY

- Purcell
- Tishomingo
- Zoom (ages 7-10)

TUESDAY

- Ada
- Ardmore

WEDNESDAY

- Sulphur
- Zoom (ages 11-18+)

THURSDAY

- Ada
- Ardmore



EXHIBIT SKILLS AND PARTICIPATE IN TOURNAMENTS AND CHICKASAW NATION EVENTS THROUGHOUT THE YEAR.



Application and full schedules are available online at:

CHICKASAW.NET/MARTIALARTS