



Summer EBT for Children (SEBTC) Helpful Hints

Online documents:

- A variety of online documents can be found at Chickasaw.net/SummerEBT:
 - List of approved foods, chosen by USDA nutrition experts.
 - Information about the shopper app, which can be used to check your balance, scan barcodes while in the store to find approved foods, find store locations and more.
 - Approved grocery stores participating in the Summer EBT program.
 - Farmers market and farm stand locations.
 - List of shelf-stable foods.

When shopping:

- You can shop multiple times each month – you do not have to buy all the food at once.
- At the store checkout:
 - Tell the cashier you will be paying with Summer EBT and show your card.
 - When instructed, swipe your card and enter your PIN.
 - All foods which are approved and, in your balance, will be paid by Summer EBT and removed from your balance. Foods not on the approved list or not in your balance can be voided by the cashier before you approve the sale, or you may pay for them with another form of payment.
- Your receipt shows your remaining balance and the date when benefits expire.
- You cannot use your WIC card, SEBTC card or Packed Promise card in the same transaction. Please separate items for each program into different transactions.

Need help?

- Call Hunger Free Oklahoma at (918) 213-4855 (9 a.m. to 7 p.m., Monday-Friday and 9 a.m. to 1 p.m., Saturday) to:
 - Report your card as lost, stolen or damaged and get a replacement card.
 - Update your address and/or phone number.
 - Report a shopping problem (call while in the store, if possible). If it is after hours or on weekends, take a picture of the receipt, the error on the register screen, or the products you were not able to purchase and call us the next business day.
 - Ask additional program questions.





- Use the EBT customer service line (866) 358-8767 to:
 - Set a PIN before shopping (use the oldest school-age child's birth date when requested).
 - Check your balance (also shown on grocery receipts and the WIC Shopper app).
- Each approved pre-K through 12th grade child in the household will receive this Summer EBT benefit. To determine your family's benefits, multiply each food item by the number of school-aged children in your household.

Summer EBT Food Package	
Fish	15 oz
Yogurt	96 oz
Milk, low fat or skim	3 gal
Cheese	3 lb
Whole-grain cereal	54 oz
Eggs	3 doz
Fruits and vegetables cash value	\$24
Whole grains	48 oz
Peanut butter, dry beans or canned beans	3 lbs of peanut butter or 3 lbs dry beans or 12, 16-oz cans of beans

- Frequently asked questions and answers can be found at Chickasaw.net/SummerEBT.

Summer EBT for Children is an initiative of the Chickasaw Nation. USDA is an equal opportunity provider and employer. This material is based upon work that is supported by the Food and Nutrition Service, U.S. Department of Agriculture.

