# MENTAL HEALTH SERVICES AVAILABLE TO CHICKASAW CITIZENS AND OTHER FIRST AMERICANS

### **OUTPATIENT THERAPY SERVICES**

Offers individual, couples and family counseling services.

(580) 436-1222 Chickasaw.net/Outpatient

### **MEDICAL FAMILY THERAPY**

A unique approach to overall health that addresses the biological, psychological, social and spiritual health of patients and their families in a medical setting. (580) 436-3980

## Chickasaw.net/MedicalFamily

### RECOVERY AND RESTORATION SERVICES

Offers trauma-informed substance use services through individual, group and intensive outpatient services. (580) 310-5719 Chickasaw.net/Recovery

#### CHOKMA PILACHI (TO SEND ALONG IN A GOOD WAY) Provides psychological assessments.

(580) 310-5719 Chickasaw.net/ChokmaPilachi

#### **PREVENTION SERVICES**

Offers classes to bring awareness to the early warning signs of mental health issues and suicide intervention. (580) 421-8734

**Chickasaw.net/Prevention** 

#### CHIKASHA ANOKFILLI (THINKING CHICKASAW)

On this website you will find a variety of resources from mental health professionals. Resources include support for trauma, grief, suicide awareness and prevention, financial and cultural wellness and more.

Chickasaw.net/MentalWellness





the Chickasaw Nation

#### HINA' CHOKMA (GOOD ROAD)

A culturally guided, trauma-informed substance use program serving as a residential treatment program for men. (580) 332-6345

Chickasaw.net/GoodRoad

#### Hin-oshi<sup>1</sup> Chokma<sup>1</sup> (Good Paths)

Provides young Chickasaw citizens assistance with goal setting and learning life skills.

#### (580) 310-7900 Chickasaw.net/GoodPaths

#### Chipota Himitta<sup>1</sup> (Young Child) Program

Offers child development education and screening, support groups and home visits to Chickasaw families.

## (580) 310-7900 Chickasaw.net/YoungChild

#### AYA

The AYA walking app allows you to walk at your own pace while learning about Chickasaw history, culture and language. Chickasaw.net/AYA

#### **BEHAVIORAL HEALTH SERVICES**

Provides a psychiatric evaluation for the diagnosis and pharmacological treatment of many mental illnesses.

## (580) 421-4591 Chickasaw.net/BehavioralHealth

#### AALHAKOFFICHI<sup>I</sup> (A PLACE FOR HEALING)

Serves First American youth and their families in need of support and recovery services stemming from significant mental health, substance use and family relational issues. (405) 331-2300

# Chickasaw.net/Healing

#### NITTAK HIMITTA' (A NEW DAY)

A culturally guided, trauma-informed residential treatment program that serves as a recovery center for women and children. (580) 235-0554

Chickasaw.net/NewDay

THE CHICKASAW NATION OFFERS SUBSTANCE USE THERAPY SERVICES THROUGH THE MENTAL HEALTH PROGRAMS LISTED ABOVE.

