

# 2026

# Prenatal Classes

Learn about the birthing process and WIC benefits for families during and after pregnancy.

- Jan. 8
- Feb. 12
- March 12
- April 9
- May 14
- June 11
- July 9
- Aug. 13
- Sep. 10
- Oct. 8
- Nov. 12
- Dec. 10

1-3 p.m.

CNMC  
Purple Room

1921 Stonecipher Blvd.  
Ada, OK 74820

\*Nurses are certified childbirth educators

## Postpartum and Newborn Care, Car Seat Safety and Infant CPR

- Jan. 15
- Feb. 19
- March 19
- April 16
- May 21
- June 18
- July 16
- Aug. 20
- Sep. 17
- Oct. 15
- Nov. 19
- Dec. 17

Please contact **Amanda Fowler** or **Ashton Drury** with questions at **(580) 421-6200**

*the*  
**Chickasaw**  
**Nation**  
DEPARTMENT OF HEALTH

